

# Catching Up to the Future of Our Past - Access Guide



## Date and Time

Fri Jan 30 @ 8PM

Sat Jan 31 @ 4PM

## Access Overview

[DHH] This is a highly visual dance show with no speaking that may be accessible to d/Deaf and hard-of-hearing patrons.

## How To Experience

The dancers will be onstage when the show starts. The house lights will be up. Audience members can chat while they find seats and take their time to settle in.

The stage is a 22 foot astro-turf covered circle that slowly rotates. Some people find the rotation of the stage can trigger a sense of nausea. Feel free to look away to refresh your attention.

This dance show unfolds at a slow pace. The themes of the show are the passage of time, nostalgia, the future, and the past. It is meditative, and the audience is expected to have a quiet, focussed energy.

It doesn't have a story to try to make sense of. Instead, audience members can enjoy watching the details of the dancers' movements, the lights, the sound and the set, and reflect on the themes they notice in their own way.

## Length of Performance

60 minutes.

## Latecomer & Re-Admission Policies

People who arrive late will be allowed in for the first ten minutes of the show. After that, anyone who leaves will not be able to re-enter the theatre.

## Technical Warnings

Haze

Strobing Lights

Rotating Stage (the performers stand on a slowly revolving stage that may make some audience members feel dizzy)

## Set



This is the picture of the set, which rotates slowly during the performance.

## Performing Artists



Natalie LeFebvre Gnam and James Gnam perform this duet.

## Venue Information

Scotiabank Dance Centre - 677 Davie St, Vancouver, BC

[Click here to visit the Venue Access Guide.](#)

Note: this venue has general seating, which means audience members can choose whatever available seat they prefer when they enter the theatre.

## Contact PuSh

Please do not hesitate to contact Andrea, the Accessible PuSh Coordinator if you have any further questions about this show, or if you'd like assistance reserving accessible seating. Email her at [access@pushfestival.ca](mailto:access@pushfestival.ca) or call 604-605-8284 x204.